

### Eligibility:

1. Applicants must be legal residents or citizens of Canada, currently residing in Canada.
2. Applicants must be enrolled in an undergraduate or postgraduate program at an accredited Canadian university or college.

### Essay Requirements:

1. Applicants must submit an original essay on the topic: "How a Clean and Organized Home Enhances Academic Success and Mental Well-being."
2. The essay must be 700 words or less.
3. Submissions must be in PDF format.
4. Each essay page must include the author's full name and a page number in the header.

### Submission Details:

1. Applicants must submit their essay, proof of enrollment, a headshot, and a social media profile.
2. All entries must be submitted as a single document.
3. All entries must be received by the deadline stated on the [Hellamaid scholarship website](#).
4. Entries may only be submitted once; no revisions will be accepted after submission.

### Co-authored Essays:

1. Essays can have more than one author.
2. Any prizes will be split evenly between the authors.
3. The essay will be judged in the category of the author with the highest level of education.

### Selection Criteria:

Preference will be given to students who are committed to community service or volunteer work, especially in health, well-being, or cleanliness.

### Entries will be judged based on:

1. Originality
2. Clear expression of ideas
3. Empirical support for arguments
4. Understanding of the topic

### General Rules:

1. All entries will be carefully reviewed for originality and AI-generated content.
2. Failure to follow the guidelines may result in disqualification.
3. All submitted essays and ideas become the property of Hellamaid.

### Winner Announcement:

The winner will be announced two weeks after the deadline stated on the [Hellamaid scholarship website](#).

For more information, please email [awards@hellamaid.com](mailto:awards@hellamaid.com)